

## ***Volunteer Opportunities***

Volunteers are the backbone of Three Trees. From facilitating support groups to assisting with many behind the scenes tasks, Three Trees would literally not exist without the countless hours of many volunteers.

Opportunities for helping at Three Trees vary. We have one-time projects, ongoing 'positions', group projects and committee work. Days and times vary too, so hopefully there is something for everyone choosing to be part of the Three Trees volunteer family.

Volunteers provide much to those families who find their way to Three Trees. If you have a listening ear, a compassionate heart and some time on your hands, we encourage you to call us at (316) 263-3335 for more information.

### **VOLUNTEER FACILITATOR TRAINING**

Volunteers choosing to work directly with children and their families as a group facilitator must pass a background check and complete our training prior to being assigned a volunteer placement.

#### **Grief & Loss Support Training *Mending Lives Program***

*Summer* - August 25 & 26, 2007

*Winter* - January 12 & 13, 2008

*Spring* - May 3 & 4, 2008

(Suggested Donation for Materials: \$25.00)

## ***Our Mission***

Three Trees is a non-profit, non-affiliated organization providing support and a comforting environment for grieving children and their families.

## ***Our Goals***

As the only center for grieving children and their families in South Central Kansas, our goals are simple:

- to help children and their families through the stages of grieving and develop coping skills and;
- to provide education on bereavement and the grief process.

## ***Our Hope***

It is our hope that at Three Trees children who have found their own dreams destroyed by the death of a loved one will find ways to cope and to heal. We also hope that in time our children will find new dreams to fulfill.

**For further information about  
our services, volunteer  
opportunities and ways to give,  
please call us at  
(316) 263-3335.**



Three Trees  
A Center for Grieving Children  
and Their Families

8100 E. 22nd St. North  
Building 800, Suite 100  
Wichita, KS 67226



# Three Trees

*A Center for Grieving Children  
and Their Families*

## **PROGRAMS AND SERVICES**

**August 2007  
through  
July 2008**

Tallgrass Executive Park  
8100 East 22nd Street North  
Building 800, Suite 100  
Wichita, KS 67226  
Phone: (316) 263-3335

Website: [www.threetrees.org](http://www.threetrees.org)  
Email: [threetrees@threetrees.org](mailto:threetrees@threetrees.org)

## Providing Hope and Healing

Since opening our doors in September 2000, Three Trees has served over 1200 grieving children and their families throughout South Central Kansas. A variety of support groups, workshops, seminars and educational materials are the cornerstones of our program.

Services are offered **free of charge** to all of our children and their families with donations being gratefully accepted. As a recognized 501 (c) (3) non-profit, non-affiliated organization, Three Trees relies *entirely* on the financial support of the community. Donations from individuals, businesses and foundations ensure the work of Three Trees continues.

## A Place of Comfort for Families

Children ages 3 to 18 and their adult caregivers meet in welcoming, age-appropriate rooms that provide a safe and healing environment for families grieving the death of a loved one (family or friend.) In these rooms, children and teens may participate in a variety of play, creative arts and verbal therapy techniques. Adult caregivers attend a support group at the same time as their children.

It is important to note, Three Trees provides **support group interaction**, rather than therapy, to families. All groups at Three Trees are led by facilitators trained in the grief process.

*Three Trees welcomes all grieving children and their families regardless of race/origin, religion, or sexual orientation.*

## MENDING LIVES

This is *the comprehensive grief support program* for children and their families who are grieving the death of a loved one. These groups meet consecutively for eight weeks from 6:30 p.m. until 7:45 p.m. on either Tuesdays or Thursdays.

### Upcoming Groups

#### *Tuesday Night*

**September 4 - October 23**

**October 30 - December 18**

**January 22 - March 11**

**March 25 - May 13**

**June 3 - May 22**

#### *Thursday Night*

**September 6 - October 25**

**January 10 - February 28**

**March 6 - May 1**

**May 8 - June 26**

## MONDAY NIGHT RE-CONNECT

Families who have **completed** our "Mending Lives" support program have found it beneficial to reunite for a time to express how they are doing and access help when needed. Monday Night Re-Connect gives families this opportunity. Similar in structure to the "Mending Lives" support program, children and their families meet from 6:30 p.m. until 7:45 p.m. on the **second Monday of each month, September through May.**

## A SAFE HARBOR

This program is designed to help families navigate the waters of life-threatening illnesses. By talking about the fear, confusion and changes that occur each day, families learn how to cope with illness as well as nurturing hope and support. Adult caretakers meet individually with program staff where they are provided resource materials to help their families through this difficult time.

## FROM TEARS TO HOPE

This program is designed to meet the needs of children and their families who have lost a loved one to homicide, suicide or other traumatic means. Because of the social stigma and unique circumstances of these losses, families often suffer in silence. Resource materials will be provided to all participants of this program.

Through the journey of loss  
we can come to appreciate life.  
With hope we can transform  
despair into healing  
*One step at a time.*

## How to Enroll

There is no charge for participating in support groups at Three Trees. There is an enrollment process which includes a brief phone interview and a short orientation appointment. We encourage friends and families to call for support and resource information at any time. However, based on our experience with grieving families, group placement generally occurs at least six to eight weeks following a death.

Please call us at (316) 263-3335. Our support of your family begins with your phone call.

*"Any child old enough to love  
is old enough to grieve."*

Alan Wolfelt  
Center for Loss and Transition

## WORKSHOPS AND SEMINARS

Community Outreach has always been one of our cornerstones. All day or half-day workshops for schools and organizations interested in learning the **Three Trees Model for Grief Support** are offered throughout the State of Kansas. Both opportunities cover practical exercises and activities that would aid in starting a grief support group as well as dealing with issues of grief and loss. Please call for information and fees.